



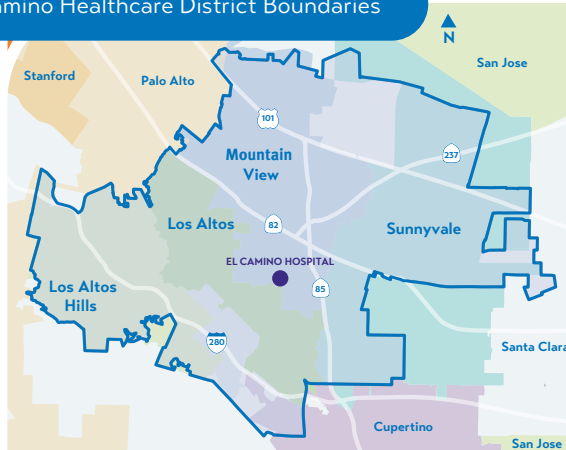
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El Camino Healthcare District Boundaries



## About El Camino Healthcare District

The Board of Directors of the Healthcare District sends this newsletter to enhance communication with all its residents. This first edition states who we are and what we do and solicits your input. If you would like to receive this newsletter electronically, please email us at [echdistrictboard@elcaminohealth.org](mailto:echdistrictboard@elcaminohealth.org) with your full name, preferred email and mailing address, or call us at 650-940-7069.

### MISSION

The mission of the District shall be to establish, maintain and operate, or provide assistance in the operation of one or more health facilities (as that term is defined in the California Health and Safety Code Section 1250) or health services at any location within or without the territorial limits of the District, for the benefit of the District and the people served by the District, and to undertake any and all other acts necessary to carry out the provisions of the District's Bylaws and the Local Health Care District Law.

## El Camino Healthcare District Board of Directors

GEORGE O. TING

CAROL A. SOMERSILLE

JOHN L. ZOGLIN

PETER C. FUNG

JULIA E. MILLER

SUMMER 2024 | DISTRICT NEWSLETTER



## The Health Benefits of Play

It has been said that physical exercise is the closest thing we have to the "fountain of youth." In recognizing the need to develop good habits early in life, the El Camino Healthcare District in 2023 invested \$421,000 to help promote physical activity among youth.

Two of the programs funded by the District are run by the Bay Area Women's Sports Initiative, known as BAWSI (and pronounced "bossy.") BAWSI provides team-building, mentoring and a light sports touch through its programs at two Sunnyvale elementary schools. According to the Women's Sports Foundation, girls who are active in youth grow up to lead healthier lives. They also have a more positive self-image and stronger familial relationships.

For eight weeks in the Spring and Fall, children learn the meaning of empowering words, work together in teams to solve problems, play games, cooperate, and compete. In this way, they build self-confidence, improve their abilities and develop a love for physical activity.

While the focus is on girls, BAWSI also has a co-ed program for children with physical, cognitive and hearing disabilities. Most of the children participating in BAWSI's programs come from ethnically diverse communities and are considered socioeconomically disadvantaged.



Scan the QR code to learn more about the District and to sign up and continue receiving updates.

## The El Camino Healthcare District: Past, Present & Future

District residents elect five Board members who appoint five subject matter expert community leaders. Together these 10 individuals form the El Camino Health Board, which governs El Camino Health.

In addition, the District board meets separately for District-only matters. Its primary focus is to create a community of exceptional wellness and health, and focus on the unique healthcare needs of the District through its extensive Community Benefit program.

The El Camino Healthcare District differs from other healthcare entities because it helps keep resources in the community. This is unlike for-profit healthcare organizations that send profits to shareholders, nonprofit healthcare organizations that send funds to a University, or nonprofit healthcare systems that must allocate some funds to a central office.

El Camino Health is nationally recognized for its excellence and locally trusted for its quality and personalized care.

### SERVICES

- All hospitals, emergency rooms, urgent care centers, physician offices, and online virtual care connectivity throughout the South Bay offer convenient and easy access to care.
- El Camino Health is nationally recognized as a leader in care in a wide range of services, including Cardiac, Cancer, Orthopedics, and Women's health.
- El Camino Health and the Healthcare District serve a diverse community with focused multicultural health services such as our Southeast Asian Heart Center, our Chinese Health Initiative, and many other programs.
- El Camino Health is continuously developing easy-access outpatient services through affiliated physician offices, surgical centers, laboratory and radiology access points, and more.

### FUTURE GOALS

- Expand outpatient access through more locations and virtual services for El Camino Health primary care physicians.
- Improve remote monitoring services for those who have difficulty accessing care locations.
- Encourage more meaningful participation by District residents in development of ways to improve local health and outcomes.



Photo provided by BAWSI

DEDICATED TO IMPROVING THE HEALTH AND WELL-BEING OF THE PEOPLE IN OUR COMMUNITY.





Photo provided by Hope's Corner



Photo provided by the Day Worker Center of Mountain View

## Boosting Nutrition For Vulnerable Populations

The words “nutrition,” “diet” and “food” are often used interchangeably.

But “nutrition” stands apart as a key indicator of a person’s health at every stage in life and has an important impact on overall well-being. Fortunately, good habits can be easy to keep once they are learned.

Because nutrition is such a key aspect of health, it has emerged as a major component of the programs funded every year by the El Camino Healthcare District’s community benefit grant program.

This year, the District funded 14 programs that promote healthy eating with grants totaling \$1.193 million. Two of these are Hope’s Corner and the Day Worker Center of Mountain View. Together, these two programs will help more than 1,500 people living within the District’s boundaries this year.



Photo provided by Hope's Corner

▶ CONTINUED FROM PREVIOUS PAGE

Hope’s Corner began in 2011 with a mission to provide nutritious meals and warm showers in a caring and collaborative manner to homeless, low-income and vulnerable individuals in Mountain View and adjacent communities. Today, it offers sit-down or to-go meals three times a week (an increase from once a week pre-pandemic).

The Day Worker Center of Mountain View was founded in 1996. It provides job-matching services for day workers with hundreds of local homeowners and businesses annually.

## Healthcare District Community Benefit

In the mid-1950s, a group of physicians and residents formed a hospital district with a tax levied to establish the much-needed El Camino Hospital.

Known as the El Camino Healthcare District today, the mission remains to establish, maintain and operate, or provide assistance in the operation of one or more health facilities or health services. The El Camino Healthcare District supports El Camino Health, and it annually funds a variety of community health improvement programs.

Each year, the El Camino Healthcare District commits resources for community health promotion and disease prevention, particularly for community members with vulnerability and health challenges. Grants and sponsorships are awarded to programs that most positively impact specific health needs for individuals who live, work, or go to school in the District. The program maintains a large grant portfolio and network of partnerships to support this work, with an overall aim of health promotion, disease prevention, and a healthy lifestyle.

Support for programs that positively affect community health vulnerability.

## National Recognition for El Camino Health

- “A” patient safety rating from The Leapfrog Group for the fourth consecutive period. (Spring 2024; both Los Gatos and Mountain View hospitals)
- Named one of the Nation’s 100 Top Hospitals by Fortune and PINC AI 2023 for the sixth consecutive year
- The only hospital in California to earn the Everest Award 2023 (Third consecutive) and just one of 29 hospitals nationwide to receive this prestigious honor
- Mountain View hospital named one of the World’s Best Hospitals by Newsweek 2024 for the third year in a row
- Norma Melchor Heart & Vascular Institute at El Camino Health named one of America’s 100 Best for Cardiac Care/Fourth best heart-focused program in California
- Recognized as one of the Best Hospitals for Maternity Care by U.S. News & World Report 2024

# Community Benefit

The work of the Healthcare District is aligned with ongoing community needs assessments and reports annually to the community. Highlights of our work in 2023 (the latest reporting period) include:

- 13,623 health screenings for community members
- 9,166 hours of mental health counseling for youth and adults
- 2,457 individuals reporting healthier behaviors in daily life
- 512 individuals reporting improved self-management of chronic disease
- 1,903 individuals received assistance through housing-related case management, food resources and financial security programs.

## COMMUNITY NEEDS FOCUS

\$7.8 million invested to address unmet health needs and improve community health.



**Health Access & Delivery**  
(Including Oral Health)



**Behavioral Health**  
(Including Domestic Violence & Trauma)



**Diabetes & Obesity**



**Chronic Conditions**  
(Other than Diabetes & Obesity)



**Economic Stability**  
(Including Food Insecurity, Housing & Homelessness)